## Main Conference Programme-at-a-glance

Date Friday - Saturday, 10 - 11 July 2020 &
Venue Sands Expo & Convention Centre
Address 10 Bayfront Avenue, Singapore 018956

Time Friday : 0830 hrs - 1700 hrs

Saturday: 08:00 hrs – 1800 hrs

## Main conference - Friday 10 July 2020

| 7:30 – 16:00  | Registration  |   |                             |                                 |                               |
|---------------|---|---|-----------------------------|---------------------------------|-------------------------------|
| 8:45 - 9:00   | Guests to be seated   |   |                             |                                 |                               |
| 9:00 - 10:00  | Plenary 1   |   |                             |                                 |                               |
|               | Welcome address   |   |                             |                                 |                               |
|               | Opening speech by Guest of Honour   |   |                             |                                 |                               |
|               | Singapore National Strategy for Palliative Care – 9 years on and what's next? – Angel Lee |   |                             |                                 |                               |
|               | Palliative care – from hospital to community – Jo Hockley                                 |   |                             |                                 |                               |
| 10:00 – 10:30 | Break and poster viewing  |   |                             |                                 |                               |
| 10:30 – 12:00 | Plenary 2   |   |                             |                                 |                               |
|               | ,   | paediatric palliative care – Joanne                       | •                           |                                 |                               |
|               | Holistic care in breathlessness – the breathing, thinking, functioning model – Sara Booth |   |                             |                                 |                               |
| 10.15 10.15   |   | llenging clinical situations – Rache                      |                             | I                               |                               |
| 12:15 – 13:15 | Lunch session 1   | Lunch session 2   | Lunch session 3             | Lunch session 4                 | Lunch session 5               |
|               | Oral abstracts  | A Global Trend of Legalising                              | Details TBC                 | Details TBC                     | Details TBC                   |
|               |   | Physician-assisted suicide –<br>Lessons from Hawaii – Tan |                             |                                 |                               |
|               |   | Siang Yong  |                             |                                 |                               |
| 13:30 – 15:30 | Parallel session 1  | Parallel session 2  | Parallel session 3          | Parallel session 4              | Parallel session 5            |
| 13.30 13.30   | Pain management   | Non-cancer updates  | Adolescent and young adults | Association for Death           | Models of care – research and |
|               | Tull management   | Non cancer apaaces  | (AYA)                       | Education and Counselling       | clinical applications         |
|               | Overview of cancer pain   | Cardiology – Louis Teo                                    | (,                          | (ADEC) forum                    | Gillion applications          |
|               | management – TBC  | ,   | Joanne Wolfe, Eileen Poon,  | , , , , , ,                     | I-CARE – Neo Han Yee          |
|               |   | Respiratory – Gerald Chua                                 | Irene Teo                   | The imperative of death         | SPARK – Grace Yang            |
|               | Pain pathways and review of   | · · ·   |                             | education for the promotion of  | Program Impact – Wu Huei      |
|               | evidence for neuropathic  | Gastroenterology – Kalaiyarasi                            | Other speakers TBC          | public health palliative care – | Yaw                           |
|               | agents – Anthony Dickenson  | Kaliyaperumal   |                             | Andy Ho                         |                               |
|               |   |   |                             |                                 |                               |
|               | Early opioid-sparing pain   | Renal – Jason Choo  |                             | Dignity and the psycho-socioi-  |                               |
|               | interventions – TBC   |   |                             | spiritual domain of holistic    |                               |



|               | Intrathecal treatment of cancer pain – TBC   |  |  | palliative and end-of-life care – Elizabeth Lobb  Compassion and social justice in the context of death, dying and bereavement – Darcy Harris  Continuing bond and meaning reconstruction through grief and loss – Robert Neimeyer |  |
|---------------|--|--|--|--|--|
| 15:30 - 16:00 | Break and poster viewing   |  |  |  |  |
| 16:00 – 17:30 | Plenary 3 Embracing the person in palliative care – Noreen Chan The soul's song – Nicki Cohen Loss, grief and the quest for meaning in the face of death, dying and bereavement – Robert Neimeyer A conversation with a caregiver – Jaclyn Lee and Peh Cheng Wan |  |  |  |  |
| 17:30 - 20:00 | Networking buffet dinner   |  |  |  |  |

## Main conference - Saturday 11 July 2020

| 7:30 – 16:00 | Registration                                    |  |                            |  |                        |
|--------------|---|--|----------------------------|--|------------------------|
| 8:00 - 10:00 | Parallel session 6                              | Parallel session 7   | Parallel session 8         | Parallel session 9   | Parallel session 10    |
|              | Dementia  | Withdrawing ventilation in   | Paediatric palliative care | Towards a Social Model in  | Patient perspectives – |
|              |   | advanced ALS - Complex   |                            | End-of-Life Care – How Can   | research and clinical  |
|              | Dementia in care homes – Jo                     | ethical case discussion  | Details TBC                | Social Work Offer Leadership   | implications           |
|              | Hockley   |  |                            | in Health and Social Care  |                        |
|              |   | A request for withdrawal of  |                            | Integration  | Details TBC            |
|              | Program Dignity – Allyn Hum  Namaste care – DPH | ventilation – <i>Jennifer Guan</i> Perspectives from  Neurologist – TBC  |                            | The need for social work leadership to direct health and social care integration at the end-of-life                |                        |
|              | Dementia ward – Assisi hospice                  | Home ventilation nurse – TBC Medical social worker – Gilbert Fan Lawyer – TBC Palliative physician – Neo Han Yee |                            | The public-health approach to develop a social model in end of life care  The challenges and opportunities for the |                        |

| 10:00 – 10:30<br>10:30 – 12:00 | Long term use of opioids in cance  | vironment and Economic: the 4 Eser and non-cancer patients – Antho  | ony Dickenson  |   |  |
|--------------------------------|--|---|--|---|--|
| 12:15 – 13:15                  | Lunch session 6 Chinese Medicine in palliative care – challenges and opportunities Zheng Huangfang   | Lunch session 7 A conversation with clinician researchers   | Lunch session 8 Details TBC  | Lunch session 9 Details TBC   | Lunch session 10 Details TBC   |
| 13:30 – 15:30                  | Parallel session 11 Burnout and resilience – research and clinical relevance  Burnout and resilience in palliative care clinicians – Mervyn Koh  Caring for Caregivers: Reducing Burnout and Building Sustained Resilience with Mindful Compassion Art-based Therapy (MCAT) – Andy Ho  Therapeutic use of self and collective wisdom – Lim Wen Phei  Fostering team resilience – Liese Groot-Alberts | Parallel session 12 Immunotherapy and immunotoxicities  Principles of immunotherapy in the treatment of cancer and mechanisms of immunotoxicity — Amit Jain  Overview and specific toxicities: rheumatology, endocrinology, pulmonology, gastroenterology, hepatology — Frank Tay, Samantha Yang, Andrew Li, Juanda Leo, Mark Muthiah | Parallel session 13 Palliative Care Education in Singapore – All Hands on Deck!  Peh Tan Ying, Ong Wah Ying, Andy Sim, Allyn Hum, Jamie Zhou, Chen Wei Ting, Celine Yong | Parallel session 14 Through Music and Art Making - Bring Your Inner World into Practice  Use of music and art making to get connected with the person inside one's profession  How these insights can be integrated into daily practice as a palliative healthcare professional  Tammy Lim, Calvin Pang | Parallel session 15 Collaborative care models  Cardiology – Shirlyn Neo  ICU – Poi Choo Hwee  Emergency Medicine – Rakhee Yash Pal  Renal Medicine – Lee Guo Zhang |
| 15:30 – 16:00<br>16:00 – 17:30 | Break and poster viewing  Plenary 5  Being human in the era of medical advances – Sister Geraldine Tan  Advancing palliative care in the era of competing KPIs – Pang Weng Sun   |   |  |   |  |

| Fireside chat: core values, dreams and aspirations for palliative care – Cynthia Goh, Amy Lim, Chee Wai Yee |
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| Closing ceremony and prize presentation   |